



Carmine's
Gourmet Market &
La Trattoria Restaurant

2401 PGA Blvd. Palm Beach Gardens, Florida. 33410

Grocery Order List

Carmine's grocery ordering can bring convenience to all your shopping needs. Just call or email your order the night before or early the next morning and your groceries will be ready for delivery or curbside pick up the same day.

Groceries can be delivered from Palm Beach, Jupiter/Tequesta all the way down to Lake Worth and Wellington.

For Grocery Deliveries there is a \$50.00 order

To Place a Grocery Order

Phone 561-775-0105 ext. 116

Or email market@carmines.com

If you email please include your name and address also if you would like delivery or curbside pickup



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All Items are subject
to Availability

Meat & Seafood

Item	lb.	Item	lb.	Item	lb.	Item	Qty
Poultry		Danish Baby Back Ribs		Fish		20/30 Dry Scallops	
Bell and Evans or Perdue:		Veal		Chilean Sea Bass		U/10 Scallops	
Whole Chickens		Veal Tenderloins		Dolphin Filets		Cleaned Calamari	
Cutlets		Veal Rib Chops		Grouper Filets		African Lobster Tails	
Boneless Breasts		Osso Bucco		Halibut		Florida Lobster Tails	
Boneless Skinless Breasts		Top Round Veal Cutlets		Pompano		Ex. Large Shrimp Cocktail	
Chicken Kabobs		Sausage		Red Snapper		Jumbo Cooked Shrimp	
Chicken Patties		Italian		Yellowtail Snapper		Cooked Maine Lobster Tails	
Beef		Sweet		Hog Snapper Filets		Cooked Maine Claw and Knuckle	
Filet Mignon Steaks		Hot		Swordfish Steaks		Med, Lg, Jumbo, Colossal Stone Crab	
Filet Roast		Cheese and Parsley		Trout		Live Littleneck Clams	
Prime NY Strip Steaks		Chicken, Apple, and Walnut		Yellowfin Tuna		Live Middleneck Clams	
Certified Angus NY Strips		Lamb				Live Maine Mussels	
Kobe NY Strip Steaks		Boneless Leg of Lamb		Boston Scrod		Live Ipswich Steamers	
Porter House		Rib Lamb Chops		Haddock Filets		Live Blue Point Oysters	
Rib Eye		Loin Lamb Chops		Cobia Steaks		Jumbo Lump Crab Meat	
Skirt Steak		Other		Tilapia Filets		Lump Special Crab Meat	
Boneless Sirloin Steak		Turkey Breasts Bone In		Salmon Steaks		Cocktail Claw Crab Meat	
Ground Sirloin		Ground Turkey		Alaskan Salmon		Other	
Sirloin Patties		Turkey Patties		Smoked Scottish Salmon		Smoked Salmon Pate	
Kobe Burgers		Duck Breast		Nova Smoked Salmon		Crab Pate	
All Beef Hot Dogs				Norwegian Smoked Salmon		Smoked Whitefish Salad	
Beef Kabobs				Whole Dover Sole		Jamaican Conch Salad	
Pork				Grey Sole		Maine Lobster Salad	
Tenderloin				Lemon Sole Filet		Caviar	
Center Cut Roast				Shellfish			
Chop, Bone In				16/20 Ex. Large White Shrimp			
Baby Back Ribs				U/12 Jumbo Shrimp			



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Prepared Foods

Item	lb.	Item	lb.	Item	lb.	Item	lb.
Salads		Vegetables		Veal	lb.	Pasta	
Chicken		Green Beans with Sun Dried Tomatoes		Marsala		Primavera	
Tuna		Broccoli Almondine		Parmesan		Mediterranean Orzo	
Shrimp		Broccoli Olive and Pinenuts		Piccata		Oriental	
Crab		Broccoli Rabe		Pork		Pesto Bowties with Pinenuts	
Macaroni		Garlic and Parsley Green Beans		Stuffed Pork Loin		Bowtie, Provolone, and Tomato	
Egg		Green Bean Almondine		Grilled Chops		Greek Pasta	
Chopped Chicken Liver		Grilled Vegetables		Italian Breaded Pork		Pasta with Meat Sauce	
Cole Slaw		Mini Roasted Vegetables		Roasted Pork Loin		Rigatoni Ala Vodka	
Three Potato		Portabella Mushrooms		Salmon		Fettuccine with Garlic and Parsley	
Home-style Baked Potato Salad		Roasted Asparagus		Keylime Honey Mustard		Linguini and White Clam Sauce	
Southwestern Corn		Roasted Potatoes		Raspberry		Mushroom Risotto	
Italian Three Bean		Sauteed Spinach and Mushrooms		Poached		Wild Rice	
Beet and Onion		Sesame Carrots and Snow Peas		Teriyaki		Manicotti	
Tomato		Smashed Potatoes		Grilled Salmon Steaks		Cheese	
Cucumber		Twice Baked Potato w/ Cheddar (Ea.)		Meatballs		Spinach and Cheese	
Asparagus and Hearts of Palm		Twice Baked Potato w/ Sour Cream (Ea.)		Chicken		Stuffed Shells	
Artichoke and Hearts of Palm		Yukon Gold Potato Cakes (Ea.)		Beef		Cheese	
Greek Salad		Chicken		Veal		Spinach and Cheese	
Dinner Salads	Ea	Balsamic		Lasagna		Meat Canoloni	
Caesar		Cordon Bleu		Cheese		Other	
Nantucket		Keylime Honey Mustard		Meat		Sesame Seared Ahi Tuna	
Garden		Milanais		Spinach		Crab Cakes (Ea.)	
Tomato, Mozzarella and Basil		Marsala		Vegetable		Sliced London Broil	
Greek Salad		Parmigiana		Eggplant Parmesan		BBQ Ribs	
		Piccata		Baked Ziti		Oven Roasted Turkey	
		Stuffed Chicken				Italian Meatloaf	
		Teriyaki					



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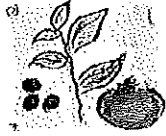
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Grocery & Dairy

Grocery	ea.	Grocery	ea.	Dairy	ea.	Milk/Juice/Beer	ea.
* Chutney		Condiments		Butter		Juice	
* Olive Oil, Dom/Imp		Ketchup		Cabot Salted/Unsalted		Apple	
* Cereal		Dijon Mustard		Garlic Butter Spread		Cranberry	
* Coffee		Deli Mustard		Goat Milk		Lemonade	
* Cookies		Relish		Lurpak Danish Butter		Lemonade, Pink	
* Jams		Pickles		Margarine		Orange Juice	
* Jelly		Béarnaise		Plugra European		Organic Orange Juice	
* Olives		Cocktail		President		Pomegranate Juice	
* Spices		Mustard Sauce		Somerdale English		Stonyfield Org. Milk	
* Tea		Salsa		Truffle		McArthur 1% milk	
Artichoke hearts		Ice Cream		Eggs		McArthur 2% milk	
Balsamic Vinegar		Haagen Dazs		Cage Free, Organic		McArthur Skim Milk	
Dried Mushrooms		* Flavor		Jumbo		Soy Milk, plain	
Flour		Pasta		Large Grade A		Soy Milk, vanilla	
Lemon Juice		Angel Hair		Cream Cheese		Clotted Cream	
Lime Juice		Fettuccine		Cream Cheese, Org		Coffee Cream	
Peanut Butter		Rigatoni		Crème Fraiche		Double Devon Cream	
Pine Nuts		Spaghetti		Cottage Cheese		Half & Half	
Potato Chips		* Other		Mascarpone		Whipping Cream	
Pretzel Dip		Pasta Sauce		Ricotta		Beer	
Pretzels		Marinara		Ricotta, part skim		Amstel Light	
Roasted Red Peppers		Pomodoro		Sour Cream		Budweiser	
Sugar		Vodka		Whipped Cream		Bud Light	
Tahini		Sauce		Yogurt		Coors Light	
Tomato paste		* BB-Q		Emmi lowfat		Heineken	
Tomatoes, crushed		* Hot		Fage Greek Yougart		Michelob Ultra Light	
Tomatoes, whole peeled		* Steak		Stonyfield Farms		St. Pauli Girl	
Tortilla Chips		* Marinade		Wallaby		Corona	

*Please Specify



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Bakery, Deli & Cheese

Bakery	ea.	Deli	lb.	Cheese	ea.	Cheese	lb.
Fresh Breads		Carmine's Own		Appenzellar		Locatelli, Grated	
Ciabatta		Baked Ham		Asiago		Manchego	
Assorted Rolls		Natural Turkey Breast		Asiago, Grated		Old Amsterdam	
French Batards		Roasted Beef, Certified Angus		Bel Paese		Parmesan, Grated	
Italian		Boar's Head		Blue Cheese, Danish		Port Solute	
Multi-Grain or Whole Wheat		Bologna		Blue Cheese, Maytag		Provolone, Domestic	
Rye, Seeded		Corn Beef		Blue Cheese, Stilton		Provolone, Imported	
Cookies		Ham		Boursin, Garlic		Reggiano	
Butter Cookies, Rasp/Choc Filling		Liverwurst		Brie		Reggiano, Grated	
Butter Cookies, Sprinkles		Pastrami		Cheddar, Canadian		Ricotta Salata	
Peanut Butter	lb.	Turkey, Cracked Pepper		Cheddar, English		Roquefort	
Chocolate Chip		Turkey, Oven Gold		Cheddar, Sharp		Saga Blue	
Heath Bar		Other		Cheshire		Saint Andre	
Oatmeal Raisin		Capocollo, Hot or Sweet		Edam		Spreadables	
White Chocolate Macadamia Nut		Genoa Salami		Emmenthaler		Beer Cheddar	
Carmel Turtle		Mortadella		Explorator		Brie and Blue	
Rugulaeh		Proscuitto, San Danielle		Feta		Crab Creole	
Rugulaeh, Sugar Free		Proscuitto, Negrini San Danielle		Feta, Crumbled		Lobster Bisque	
Rainbow		Sopresatta, Hot or Sweet		Fontina		Spinach Florentine	
Black and Whites		Fresh Antipasto Salad		Fontinella		Shrimp Scampi	
Linzars Raspberry or Chocolate		Cheeses		Gorgonzola, Crumbled		Assorted Salami	
Pastries	Sm/ Lg	American, White or Yellow		Gorgonzola, Stella		Cacciatori Salami	
Cheesecake		Baby Swiss		Goat		Pepperoni, Hormel	
Eclairs		Cheddar		Gruyere		Pepperoni, Margherita	
Fruit		Muenster		Havarti, Chives		Sausage, Sweet Dry	
Key Lime		Provolone		Havarti, Herbs		Sausage, Hot	
Nepoleons		Swiss, Emmental		Jarlsberg		Sopressata, Sweet	
Tiramisu		Swiss, Jarlsberg Regular Or Lite		Locatelli		Sopressata, Hot	



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Produce

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Apples		Nectarines		Eggplant		Spanish	
Fuji		Pears		Ginger Root		Scallions	
Gala		Asian		Garlic		Peppers	
Golden Delicious		Bartlett		Jicama		Cubanelle	
Granny Smith		Red		Peas, English		Green	
Macintosh		Plums, Black		Peas, Snow		Jalapeno	
Red Delicious		Plums, Red		Lettuce		Orange	
Citrus		Prunes		Endive		Red	
Clementines		Watermelon		Bibb		Yellow	
FL Grapefruit		Vegetables		Boston, Butter		Potatoes	
Lemons		Artichokes		Frissee		Creamer, Red or White	
Limes		Asparagus, Green		Green Leaf		Idaho	
Oranges		Asparagus, Organic		La La Rosa		Russian Fingerling	
Oranges, Blood		Asparagus, White		Mesculin Mix		Sweet Potato	
Tangerines		Beans, Green		Radicchio		Yams	
Fruits		Beans, French		Raddish Bunch		Squash	
Avocados, FL		Beet Bunch		Red Leaf		Acorn	
Avocados, Hass		Bok Choy		Romaine		Sunburst	
Bananas		Broccoli		Mushrooms		Baby Green	
Cherries, Bing		Broccoli Rabe		Crimini		Spaghetti	
Cherries, Rainer		Brussel Sprouts		Oyster		Yellow	
Dates		Cabbage, Green		Portobello		Zucchini	
Grapes, Green		Cabbage, Red		Reg. White		Tomatoes	
Grapes, Red		Carrots		Shiitake		Cherry	
Kiwi		Carrots, Baby		Onions		Plum	
Mangos		Celery		Chippolini		Red on the Vine	
Melons, Canalope		Corn		Red		Vine Ripe	
Melons, Honeydew		Cucumbers		Shallots		Yellow	



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Produce/ Pizza

Item	ea.	Item	ea.	Item	lb.	Item	Qty
Melon Balls		Pre-packaged		Pizza		Calzones	
Small		Blackberry		Small		Cheese	
Medium		Blueberries		Medium		Ham & Cheese	
Large		Raspberries		Large		Spinach	
Fruit Salad		Strawberries, Pint		Toppings		Rolls	
Small		Strawberries, Quart		Artichokes		Chicken Sundries	
Medium		Strawberries, Stem		Broccoli		Tomato	
Large		Fresh Herbs		Chicken		Ham & Cheese	
Fresh Cut		Basil		Garlic		Pepperoni	
Mango		Chives		Goat Cheese		Sausage & Pepper	
Cantelope		Dill		Gorgonzola Cheese		Spinach	
Melon Balls		Marjoram		Mushrooms		Hot Misc.	
Pineapples		Mint		Olives		Peppersteak	
Strawberries		Oregano		Onions		Sausage & Peppers	
Watermelon		Parsley		Pepperoni		Eggplant Parmesan	
Dip & Salsa		Parsley, Italian		Pesto Sauce		Soups	
Kickin Chipotle Salsa		Rosemary		Spinach		Chicken & Rice	
Pineapple Mango Salsa		Sage		Sundried Tomatoes		Chili	
Peach Mango Salsa		Tarragon		Tomatoes		Lentil	
Home-style Guacamole		Thyme		Veal Sausage		Pasta Fagiole	
						Soup of the Day	

Olive Bar							
Bella Dicerignola, Blk		Gaeta		Miscelaniumous		Sundried Tomatoes	
Bella Dicerignola, Grn		Greek Olives		Mozzarella, Bufalo		Feta Cheese	
Calamata, pitted		Nicoise		Mozzarella, Whole Milk		Pepper Shooters	
Castel Vetrano, Green		Oile cured olives		Bocconcini		Artichoke Hearts	
Cocktail Mix		Sicilian Green Olives		Bocconcini, Hot		Brushchetta	
Country Mix							

Available in Small, Medium, and Large Containers