



Carmines
Gourmet Market &
La Trattoria Restaurant

**Carmines's Gourmet Market
has been serving
South Florida for over 45 years.**

**We are a 10,000 Square foot
Gourmet Market specializing in
Prime Meats, Fresh Seafood, Organic Produce,
Imported Cheeses and Deli,
Fresh on the premise Bakery and a
Prepared Foods Department with over
100 items to choose from daily and an
extensive Gourmet Grocery &
a large Wine Department.**

**Our Inflight Menu is not limited to the items
listed just ask our Catering Department
for any special request you might have!**

**Our Italian Restaurant La Trattoria is open
7 days a week from 11:00 to 10:00 we have
10-12 chefs on hand at all times to service all
of your catering needs we have all the ingredients
on hand so we are able to offer a larger variety
and a fresher product than anyone else.
Our delivery charge is \$40.00, we are fast and
efficient with drivers and vans available
from 8-7 everyday.**

***10% service charge is added to all orders.**

**We would like a 24hr notice but we do
understand that things come up at the
last minute and we will do our best
to accommodate your needs there is a 100.00
after hour service charge for orders with
less than a 24hr notice.**

**Please Call our Catering Department at
(561) 775-0105 ext. 117 or
Email: catering@carmines.com**



Carmines
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Inflight Menu



**Servicing
Palm Beach Airport
Stuart Airport**

**2401 PGA Blvd
Palm Beach Gardens, FL
(561) 775-0105
ext.117**

APPETIZERS

*6pc minimum on the items sold by the each

Conch Fritters 3.50ea
with an Orange Wasabi Dipping Sauce

Mini Smoked Chicken Quesadillas 3.50ea

Crostini Appetizers 5.00ea
Filet Mignon, Seared Ahi Tuna, Fig & Goat Cheese or Gorgonzola & Pinenuts

Prosciutto 7.00ea
wrapped Melon or Asparagus

Smoked Salmon Points 5.50ea

Chicken or Vegetable Spring Rolls 5.00ea

Prime Beef Cocktail Meatballs mini 3.50ea large 8.00ea
with side of our famous marinara sauce

White Meat Chicken Tenders 5.00ea
with side of housemade BBQ sauce

Lollipop Lamb Chops 15.00ea
with a mint yogurt dip

Ahi Tuna Tartar 6.00ea
sushi tuna served on a cucumber slice

Mini Lobster Cakes 6.00ea
with a Remoulade sauce

Mini Crab Cakes 4.00ea
with a Key lime Mustard Sauce

Caprese or Fruit Skewers 5.00ea

Breaded Fresh Mozzarella Sticks 5.00ea
with side of our housemade marinara

Breaded Eggplant Rollatini 7.00ea

Shrimp Cocktail Jumbo 6.50ea

Fresh Stone Crab Claws mkt price

Smoked Fish Dip 8.99 1/2 lb.

Platters for 2 or 5 people

Imported Cheese & Fruit or Cheese Platter 35.00/70.00

Fresh Fruit Platter 30.00/60.00

Antipasto Platter 35.00/70.00

Olives, Salami & Hummus 30.00/60.00

Vegetable Crudite Platter 25.00/50.00

XL Shrimp Cocktail Platter 40.00/80.00

*Extra Garnishing and Platter charges maybe added

DESSERTS & SWEETS

Mini Pastries 4.50ea

Cannoli's, Napoleons, Baklava
Éclairs, Cream Puffs, Key Lime or Tiramisu Tarts

Cake Slices 8.00ea or Tarts 8.95ea
Chocolate Beast, Carrot, Coconut Cake, Cheesecake
Fruitti Di Bosco, Tiramisu (house specialty)
Peanut Butter or Chocolate Mousse Tower
Red Velvet or Chocolate Lava Tart

Cookies 5.00 & Brownies 8.00ea
Chocolate Chip, Oatmeal Raisin, Heath Bar Crunch
White Chocolate Macadamia Nut,
Pignoli Cookies, Black & Whites,
Chocolate or Almond Biscotti & Double Chocolate Brownies,
Lemon Squares, Chocolate Mousse or Peanut Butter Squares

Breakfast Items

Frittata Italiano 28.95

Omelet made Italian Style with Sausage, Peppers, Potatoes & Onions

Omelet Florentine 24.95

Spinach, Artichoke Hearts, Scallions & Provolone Cheese

Omelet Americana 24.95

Ham, Cheddar Cheese, Peppers & Onions

Crabmeat Omelet 34.95

Fresh Lump Crabmeat, Artichoke Hearts, Fresh Tomato & Basil

Vegetable Omelet 24.95

Roasted Red Peppers, Onions, Arugula, Fresh Tomatoes & Goat Cheese

4 Cheese Omelet 24.95

Reggiano Parmigiana, Fresh Mozzarella, Imported Provolone & Goat Cheese

Eggs with Truffles & Mushrooms 34.95

Scrambled Eggs, Black Truffles, Porcini Mushrooms & White Truffle Oil

Smoked Salmon Plate 27.95

Fresh Scottish Salmon, Capers, Hard Boiled Eggs, Red Onion, Cream Cheese
with Bagel, Pumpernickel or Rye Bread

Side of Sausage or Bacon available 8.00 extra

Also Available

Fresh Baked Muffins, Danish, Croissants or Bagels
Assorted Greek, Coconut milk, lowfat & whole milk Yogurts
and Asst. Granolas regular & GF.

Breads and Rolls

Italian, French, whole wheat, multigrain, brioche, sourdough,
pretzel bread and rye available.

Sandwiches

Fresh off the bone Turkey Breast 19.95

Prime Roast Beef 17.95

Tuna or White Meat Chicken Salad 65.95

The Carmine Combo 16.95

Ham, Genoa Salami, Capicola, Pepperoni & Provolone

The Godfather 18.95

Parma Prosciutto, Fresh Mozzarella, Arugula, Tomato & Roasted Red Peppers

The Milano 17.95

Grilled Chicken Breast, Provolone, Lettuce, Tomato, Onion, Pesto on a Focaccia

Roast Beef & Blue Cheese 18.95

Fresh Sliced Rare Roast Beef, Saga Blue Cheese & Horseradish sauce on Rye Toast

Black Forest Ham and Brie on a French Baguette 18.95

Corned Beef or Pastrami on Fresh Rye Bread 17.95

Grilled Fresh Vegetables in a wrap 17.95

The Bobby Caesar 17.95

Grilled Chicken Breast, Bacon, Provolone & Romaine with Caesar Dressing on Sourdough

We have White, Rye, Wheat, French, Kaiser, Ciabatta and Italian breads or Wraps available. In addition to these sandwiches we have a large selection of Imported & Domestic Meats and Cheeses.

Gourmet Pizzas

14" - 6 slices

*All pizzas can be done on Flatbread if requested.

Cauliflower or Gluten Free Crust available for 5.00 extra.

Cheese Pizza 19.95

Pizza Margherita 21.95

Fresh Mozzarella, Fresh Tomatoes & Basil

Pizza Florence 21.95

Artichoke Hearts, Spinach, Fresh Tomatoes & Mozzarella White Pizza

Pizza Di Pollo 22.95

Grilled Chicken, Broccoli, Sundried Tomatoes & Mozzarella White Pizza

Pizza Bianca 22.95

Mozzarella, Goat Cheese, Fresh Tomatoes & Pesto Sauce White Pizza

Pizza Gardens 21.95

Broccoli, Yellow Squash, Mushrooms, Peppers & Mozzarella White Pizza

Meat Lovers 22.95

Sausage, Meatballs, Pepperoni, Tomato Sauce & Mozzarella

Pizza Pepperoni 21.95

Pepperoni, Tomato Sauce & Mozzarella

Grandma Pizza 21.95

Tomato sauce, fresh Mozzarella and basil

Assorted Calzone 14.95 and up

Cheese, Pepperoni, Spinach & Sausage, Ham & Cheese

Salads and Sides

Caesar or Garden Salad 14.00pp

Fresh Mozzarella, Tomato & Basil Stack 16.00pp

Fresh Burrata and Tomato Salad 19.95pp

Nantucket Salad 15.00pp

Spinach or Tri-Color Salad 16.00pp

BLT Salad 17.00pp

Arugula and Prosciutto Salad 19.95ea

Artichokes and Hearts of Palm 16.99

Pasta Primavera 15.99

Black Beans & Southwestern Corn Salad 15.99

Bowtie Pasta, Provolone & Tomatoes 15.99

Oriental Pasta Salad 15.99

Penne Caprese Salad 15.99

Mediterranean Orzo Salad 14.99

Greek Pasta Salad 14.99

Kale, Carrot & Walnut Salad 17.99

Tuna, White Meat Chicken Salad 17.99

XL Shrimp Salad 32.99

Fresh Lobster Meat & Jumbo Shrimp Salad 45.99

Roasted Asparagus & Mushrooms 16.99

Portobello Mushrooms Marinated 17.99

Broccoli Rabe with Roasted Garlic 16.99

Kale and Feta Salad 17.99

Roasted or Mashed Potatoes 12.99

Organic Wild Rice and Cranberry 18.99

Grilled Mixed Vegetables 18.99

Sautéed Spinach 16.99

Toasted Orzo with Mushrooms & Onion 15.99

Broccoli or Green Bean Almondine 15.99

*All prices and items subject to change

Entrees

- Chicken or Veal Parmigiana** 28.95/38.95^{ea}
Chicken or Veal Marsala or Milanese 28.95/38.95^{ea}
Blackened or Grilled Chicken 26.95
Chicken or Veal Francaise 28.95/38.95^{ea}
Chicken Scarpariello Boneless 28.95^{ea}
Chicken or Veal Saltimbocca 29.95/38.95^{ea}
Battuta di Pollo 32.95
Chicken Breast pounded thin & grilled
Veal Osso Buco 48.95^{ea}
Veal Scallopini Granchio 45.95^{ea}
Jumbo Lump Crabmeat, Asparagus, Sundried Tomatoes in a White Wine Sauce
N.Y. Strip Pizzaiola 52.95
“Prime” Filet of Ribeye 52.95
Short Rib al Vino 46.95
Boneless Beef braised Short Ribs in a Chianti wine Reduction Sauce
Filet Mignon 49.95
with a Peppercorn or Barolo Sauce
Rack of Lamb 59.95
Pan Seared with a Rosemary Reduction
Snapper Francaise 49.95
Sea Bass Marinaio 52.95
Lightly Breaded and Grilled
Sautéed Scallops 49.95
Jumbo Lump Crab Cake 32.95
Salmon Fillet, Poached or Grilled 39.95
Salmon Senape 42.95
Grilled Wild Caught Salmon Fillet in a Dijon Mustard & Cream
Pan Seared Ahi Tuna Steak 39.95
Grilled Calamari or Octopus 29.95

*All prices and items subject to change

Pasta

Gluten Free or Whole Wheat Pasta Available

- Linguine White or Red Clam Sauce** 28.95
Risotto Zafferano 36.95
Shrimp, Arugula, Garlic and Saffron
Risotto alla Funghi 38.95
Porcini Mushrooms, White Wine & White Truffle Oil
Beef or Spinach Lasagna 26.95
Sausage and Peppers 25.95
Pappardelle Al Ragu di Short Rib 39.95
Rigatoni alla Norma 29.95
Eggplant, Garlic, Onions in a Tomato Sauce topped with Goat Cheese
Rigatoni alla Vodka or Marinara 25.95
Penne alla Caprese 25.95
Tossed with Garlic, Fresh Tomato, Basil & Fresh Mozzarella
Penne alla Puttanesca 28.95
Garlic, Onions, Capers, Anchovies in a Spicy Marinara
Penne Gamberini 35.95
Shrimp, Asparagus, Garlic & Crushed Red Peppers in White Wine Sauce
Spaghetti Bolognese or Aglio e Olio 24.95
Gnocchi alla Fromaggi or Pesto 29.95
Ravioli di Vitello 39.95
Filled with Braised Veal & Mushrooms in Thyme Sauce with a touch of cream .
Cheese & Spinach Ravioli 28.95
Filled with Spinach & Ricotta in a Butter Sage Sauce
Macaroni and Cheese 21.95
*Grilled Chicken or Lobster meat can be added for extra \$
Eggplant Parmigiana 26.95

Soups

 8.95pt or 16.95qt

- Chicken & Rice, Pasta Fagiole, Beef Vegetable, Tomato-Basil, Lentil, Beef Chili, Chicken Noodle, Italian Wedding & Gazpacho**

Ask about our other daily special soups!