

CARMINE'S OCTOBER CALENDAR

\$16 DINNER FOR 2 = ENTREE + 2 SIDES + SALAD

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Prime Rib Thursdays \$29.99/lb	2 Blackened Chicken	3 Beef Meatloaf
4 Cheese Lasagna	5 Roasted Turkey Breast	6 Chicken Parmesan	7 Veal Marsala	8 Prime Rib Thursdays \$29.99/lb	9 Key Lime Chicken	10 Boneless Pork Roast
11 Grilled Salmon	12 Veal Parmesan	13 Snapper Francese	14 Chicken Marsala	15 Prime Rib Thursdays \$29.99/lb	16 Italian Herbed Boneless Pork Roast	17 Meat Lasagna
18 Eggplant Parmesan	19 London Broil	20 Chicken Piccata	21 Poached Salmon	22 Prime Rib Thursdays \$29.99/lb	23 Chicken Teriyaki	24 Blackened Mahi
25 Grilled Chicken Breast	26 Bourbon Glazed Boneless Pork Chops	27 Veal Piccata	28 Spinach Lasagna	29 Prime Rib Thursdays \$29.99/lb	30 Lemon Pepper Salmon	31 Chicken Francese

Carmine's GOURMET MARKET

A month full of reasons to visit the Market!
Specials, events, and delicious deals all month long.
Thank you for shopping at Carmine's for over 50 years.

OCTOBER SPECIALS

10/01.....Carmine's Italian Combo Sub - \$6
10/03.....All Gift Shop Jewelry - 40% off
10/05.....Salad Bar - \$9.99/lb
10/06.....Quart Soups - \$9.99/ea
10/08.....Seafood Department: Maryland Crab Cakes - \$12/ea
10/09.....Large Cheese Pizza (up to 2 toppings) - \$9.95
10/11.....Meat Department: Sweet or Hot Sausage - \$3.99/lb
10/12.....Fresh-Made Sushi - 30% off
10/15.....National Red Wine Day (20% Off All Red Wine)
10/17.....National Pasta Day - Rummo Pasta (1 lb) - 2 for \$4
10/20.....Meat Department: Filet Mignon Medallion - \$16.99/lb
10/22.....Market Wine Aperitivo - 4:30-7:30PM
10/25.....Fresh-Made Salmon Burgers \$7.99 - BOGO Free
10/26.....National Pumpkin Pie Day - Pumpkin Pie \$12/ea
10/28.....Chocolate Mousse Cake 6" - \$12/ea
10/29.....Meat Department: Chicken Burger - \$4.99/ea
10/30.....Fresh Made Salsa (12oz) - \$4/ea

Can't make it to the Market?
We'll bring Carmine's to you.
Shop us on Instacart!



Carmine's Gourmet Market
Mon-Sat: 9AM-8PM Sun: 9AM-7PM
www.carmines.com

